

Kelly Miller Middle School Breakfast Menu

August 23 - August 31, 2010

Hot Options



Monday - August 23	Tuesday - August 24	Wednesday - August 25	Thursday - August 26	Friday - August 27
Farmers Egg Breakfast Burrito Whole Wheat Tortilla	Cinnamon Oatmeal Plump Raisins Cinnamon Orchard Apple Compote 8 oz Skim or 1% Milk	1oz Turkey Sausage Whole Grain French Toast Early Autumn Fruit Compote 8 oz Skim or 1% Milk	Granola Yogurt Parfait Late Summer Harvest Fruit Cup 8 oz Skim or 1% Milk	Open faced Egg Fritata with Salsa Fresca English Muffin Orchard Apple Hand Fruit Orange Juice 8 oz Skim or 1% Milk
Monday - August 30	Tuesday - August 31			
Farmers Egg Scramble Whole Grain Toast 1 oz Turkey Sausage Orange Juice 8 oz Skim or 1% Milk	Turkey and Cheese on Whole Grain Toast Apple Juice or Orchard Pear Hand Fruit 8 oz Skim or 1% Milk			

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Chilled Options



Monday - August 23	Tuesday - August 24	Wednesday - August 25	Thursday - August 26	Friday - August 27
Whole Grain Bagel Whipped Cream Cheese 8 oz Skim or 1% Milk	Whole Grain Cereal Orchard Apple 8 oz Skim or 1% Milk	Morning Glory Muffin Yolite Plain Yogurt Early Autumn Fruit Compote 8 oz Skim or 1% Milk	Granola Yogurt Parfait Late Summer Harvest Fruit Cup 8 oz Skim or 1% Milk	Lemon Pound Cake Orange Juice 8 oz Skim or 1% Milk
Monday - August 30	Tuesday - August 31			
Whole Wheat Bagel Whipped Cream Cheese 8 oz Skim or 1% Milk	Whole Grain Oat Bran Muffin Apple Juice or Orchard Pear Hand Fruit 8 oz Skim or 1% Milk			